

Baby Department Menu - Week 3 2017

Please note: All menus have been designed to meet the nutritional needs of all children throughout the day

Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Snack Rice Krispies and melon	Breakfast Snack Cornflakes and pears	Breakfast Snack Weetabix with bananas	Breakfast Snack Rice Krispies and apples	Breakfast Snack Cornflakes and bananas
Lunch Roast chicken and mashed potato with gravy and peas	Lunch Vegetable and bean cottage pie with carrots and cauliflower	Lunch Thai green chicken curry with wholegrain rice, sweetcorn and naan bread	Lunch Salmon in a parsley sauce with new potatoes, green beans and broccoli	Lunch Beef lasagne with peas
Fresh fruit - pear and pineapple	Apple and custard	Fruit yoghurts with red and green grapes	Peach purée and natural yoghurt	Apple and berry crumble and custard
Tea Tortilla wraps filled with cheese, tuna and egg with pepper and cucumber	Tea Spaghetti with tomato and red lentil sauce with grated cheese and cucumber batons	Tea Jacket potatoes with cheese & ham and cherry tomatoes	Tea Low sugar baked beans with grated cheese, wholemeal bread, pepper and carrots	Tea Wholemeal sandwiches with chicken, egg, and cheese with tomatoes and cucumber
Natural yoghurt with apricot and apple purée	Fresh fruit - oranges and banana	Flapjack and fresh fruit	Fresh fruit - pineapple and grapes	Short bread biscuit and fresh fruit