

## The Foundation Stage and Toddler Department Menu - Week 1

**Please note:** All menus have been designed to meet the nutritional needs of all children throughout the day.

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast Snack</b> Weetabix and grapes	<b>Breakfast Snack</b> Rice Krispies and apples	<b>Breakfast Snack</b> Cornflakes and melon	<b>Breakfast Snack</b> Weetabix and bananas	<b>Breakfast Snack</b> Rice Krispies and melon
<b>Lunch</b> Fish fingers, mashed potatoes and peas	<b>Lunch</b> Chicken and sweetcorn pie with carrots	<b>Lunch</b> Spaghetti bolognaise with green beans	<b>Lunch</b> Roast turkey with gravy, roast potatoes, broccoli and cauliflower	<b>Lunch</b> Mild vegetarian chilli with rice and sweetcorn
Fresh fruit - pineapple and apple	Homemade orange jelly with mandarins in natural juices	Fruit yoghurts with red and green grapes	Rice pudding with berry compote	Peaches and pears with custard
<b>Tea</b> Spaghetti with tomato and red lentil sauce with grated cheese and cucumber batons	<b>Tea</b> Jacket potatoes with low sugar baked beans with grated cheese	<b>Tea</b> Wholemeal sandwiches with ham, salmon mayo, and cheese with carrot and cucumber	<b>Tea</b> Vegetable and chicken pizza with cherry tomatoes and carrot	<b>Tea</b> English muffins with cheese, ham and tomatoes, pepper and cucumber
Peach purée and natural yoghurt	Fresh fruit - pineapple and bananas	Apple Sponge	Fresh fruit platter	Banana and sultana loaf with fresh pineapple