

## The Foundation Stage and Toddler Department Menu - Week 3

**Please note:** All menus have been designed to meet the nutritional needs of all children throughout the day

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Breakfast Snack</b> Rice Krispies and melon	<b>Breakfast Snack</b> Cornflakes and pears	<b>Breakfast Snack</b> Weetabix with bananas	<b>Breakfast Snack</b> Rice Krispies and apples	<b>Breakfast Snack</b> Cornflakes and bananas
<b>Lunch</b> Pork sausages and mashed potato with red onion gravy and peas	<b>Lunch</b> Vegetarian cottage pie with carrots and cauliflower	<b>Lunch</b> Thai green chicken curry with wholegrain rice, sweetcorn and naan bread	<b>Lunch</b> Salmon in a parsley sauce with new potatoes, green beans and broccoli	<b>Lunch</b> Beef lasagne with peas
Fresh fruit - pear and pineapple	Apple and custard	Fruit yoghurts with red and green grapes	Peach purée and natural yoghurt	Apple and berry crumble and custard
<b>Tea</b> Tortilla wraps filled with cheese, tuna mayo and egg mayo with pepper and cucumber	<b>Tea</b> Spaghetti with tomato and red lentil sauce with grated cheese and cucumber batons	<b>Tea</b> Jacket potatoes with cheese & ham and cherry tomatoes	<b>Tea</b> Low sugar baked beans with grated cheese, wholemeal bread, pepper and carrots	<b>Tea</b> Wholemeal sandwiches with chicken, egg mayo, and cheese with tomatoes and cucumber
Natural yoghurt with apricot and apple purée	Fresh fruit - oranges and banana	Flapjack and fresh fruit	Fresh fruit - pineapple and grapes	Short bread biscuit and fresh fruit